



# CHOICES



**EDUCATED MIND.  
HEALTHY CHOICES.  
THE BEST YOU!**

## WELCOME TO POSITIVE YOUTH DEVELOPMENT

*CHOICES strives to reduce teen pregnancy and sexually transmitted diseases (STDs) in youth by promoting healthy lifestyle decisions. Students are educated in goal setting, healthy relationships and risk avoidance from destructive behaviors.*



## WHAT WE TEACH

- Evidence Based Sexual Risk Avoidance Curriculum
- Building Self Esteem and Healthy Relationships
- Character Development, Decision Making Skills and Effective Communication
- Online Safety, Bullying and Shutting Down Negative Peer Pressure
- Refusal Skills, Sexual and Domestic Violence Prevention
- Goal Setting and Achievement
- Strategies for Youth to Reach their Optimal Mental, Physical, and Emotional Health

## OUTREACH

*CHOICES provides interactive classroom education to students in Franklin and Gulf Counties. We also hold parent and public sessions to strengthen the efforts of the community in promoting positive lifestyles for youth and families.*

## CONTACT US

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