

Scott A. Rivkees, MD State Surgeon General

Vision: To be the Healthiest State in the Nation

07/20/2020 COVID-19 UPDATE:

Your local health department is here to assist you with questions related to COVID-19 (novel coronavirus).

Here are the Franklin County testing numbers as of 2:00pm today:

Number of unduplicated COVID-19 tests so far: **2,183** Number of negative tests we have: **2,105** Number of positive tests we have: **77**

Please note: The demand for the testing and designated laboratory, may cause a slight delay in reporting as reflected on the Florida COVID-19 Dashboard.

For Franklin County COVID-19 updates straight to your phone: text FranklinCV19 to 888777. For the full county COIVD-19 data summary please visit: http://ww11.doh.state.fl.us/comm/ partners/covid19 report archive/county reports latest.pdf

Florida Department of Health in Franklin County: (850) 653-2111 There is also a hotline available at 1 (866) 779-6121 or email <u>COVID-19@flhealth.gov.</u>

Follow the CDC.gov website for the latest guidance on COVID-19 and check out Floridahealth.gov to keep up with state-specific updates.

A MESSAGE FROM YOUR COUNTY HEALTH DEPARTMENT

- 1. We continue to see our positive case counts climb in Franklin and Gulf Counties. Last Monday, Gulf had 99 cases and Franklin was at 44. Today, Gulf has 178 cases and Franklin has 77. The vast majority of these cases are close contacts to a known positive case within the county, but we still continue to have cases with unknown exposure. Many cases come from whole household exposure, some are business related, and some are from gatherings, which have included weddings and funerals. Follow the Franklin and Gulf County-specific profile reports as well as additional information found on the <u>floridahealth.gov</u> page for specifics about the county you live in. Until a COVID-19 vaccine is developed, it still remains vital to slow the spread of the COVID-19 virus and protect individuals at increased risk of severe illness, including older adults and people of any age with underlying health conditions.
- 2. A great resource to answer many frequently asked questions can be found on the CDC website: <u>https://www.cdc.gov/coronavirus/2019-ncov/faq.html</u>
- **3.** The quarantine period is important. We need close contacts to a positive case to quarantine for 14 days from the date of their exposure to the positive individual. Getting a test that is negative during the quarantine period does not stop the clock. We have seen many individuals develop infection on the second week of quarantine, so it is really important to stay quarantined for the full 14-day period.

Florida Department of Health in Gulf County 2475 Garrison Avenue • Port St. Joe, Florida 32456 PHONE: 850-227-1276 • FAX 850-227-7587 Florida Department of Health in Franklin County 139-12th Street • Apalachicola, Florida 32320 PHONE: 850-653-2111 • FAX 850-653-1727 FloridaHealth.gov



Household quarantine can be a little more stretched since it can be very difficult for a positive individual to properly isolate from everyone else. If you live in the same household as a positive case, you need to quarantine while the person is sick and once this individual is no longer infectious, that's when your quarantine 14 period will start. We explain all of this to every close contact identified and can provide quarantine orders to each individual.

- 4. I tested positive for COVID19. When can I be around others (no longer infectious)? If you tested positive for COVID19, you need to stay at home and isolate per the guidance provided by public health officials. If you think or know you had COVID-19, and had symptoms, you can be with others after at least 10 days since symptoms first appeared and at least 24 hours has passed with no fever without fever-reducing medication and symptoms have improved. If you tested positive for COVID-19 but had no symptoms, you can be with others after 10 days have passed since your test. If you develop symptoms after testing positive, follow the guidance above that includes fever and symptoms improving. Follow this link to stay tuned on updates: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. (Ex. residents of a nursing home.) If you are tested, you can be around others when you have no fever, respiratory symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.
- 5. Please tell us all your close contacts. Please be honest about the people you've been in close contact with. If you are identified as a positive case, the health department will work closely with you and help reach out to anyone you were in close contact with during your infection period. Why is this so important? We are trying to interrupt disease spread. Close contacts need to be able to quarantine so that the spread of the virus stops. Your personal information is kept completely confidential. When someone finds out they need to quarantine, all they hear is "you've been identified as a close contact to a positive case." From there, we provide quarantine guidance to follow and help answer questions about the virus.

TESTING

If you suspect you might have COVID-19, please do not travel here. Please get a COVID-19 test (nasal swab for active infection) in your community and know your results before you arrive. Stay home when you are sick and follow CDC guidelines. Visitors are also responsible for helping to keep our communities safe and healthy.

Call your health care provider first or if you are symptomatic to determine the need for testing. If a person thinks they have COVID-19, they should call their health care provider before going to their office so the provider can take precautions to prevent exposing other people. In some cases, they are going to meet you in the parking lot. It's just a precaution. We are really trying to keep our healthcare workers safe. Other patients safe. Review your signs, symptoms and travel history with your physician. Your provider is going to evaluate you for possible causes and rule out other respiratory illnesses (ex. Flu) before testing for COVID-19.

COUNTY HEALTH DEPARTMENT EXPANDED TESTING PLAN

The DOH-Franklin offers FREE COVID-19 testing every Monday – Friday from 8:30am – 11:00am & 1:00pm – 3:30pm. Testing is conducted at health department located at 139 12th Street, Apalachicola, FL. Symptoms are <u>NOT</u> required for testing. Please call (850) 653-2111 to make an appointment.

WEEMS OFFERS TESTING

Weems Medical Centers is conducting free COVID-19 testing for uninsured patients and insurance billed testing with zero copay for patients with coverage. An official provider order is required for testing.

Weems is also providing FREE COVID-19 antibody testing at both their East (Carrabelle) and West (Apalachicola) clinics. To make an appointment for testing, individuals should call the East Clinic at (850) 697-2345 or West Clinic at (850) 653-1525.

ANTIBODY TESTING

To learn about antibody testing, see <u>http://ww11.doh.state.fl.us/comm/_partners/action/antibody_testing.pdf</u> or see visit <u>https://www.cdc.gov/coronavirus/2019-ncov/testing/serology-overview.html</u> for CDC information about antibody testing.

MENTAL HEALTH

COVID-19 have you feeling...STRESSED/ANXIOUS/DEPRESSED/UNSURE? NEED SUPPORT? CALL 850-270-8911, available 9-5pm EST. If you are in need of immediate mental health services call one of the agencies below available 24/7:

- National Suicide Prevention Hotline: 1-800-273-TALK (8255)
- SAMSA Disaster Helpline: 1-800-985-5990 or text TalkWithUs to 66746 or the Crisis Text Line: Text "HOME" to 741-741
- Florida Blue, in partnership with New Directions Behavioral Health, is providing a free emotional support resource for all Floridians even if not covered by Florida Blue insurance. Any Floridian – even if uninsured or insured by another plan – can call 833-848-1762 for support in managing feelings of stress, anxiety, grief or fear related to the COVID-19 pandemic.

CLOTH FACE COVERS/MASK

Why wear the mask in public?

My cloth face coverings protect you. Your cloth face covering protects me. Although not a 100% guarantee, the use of masks have been proven to dramatically reduce the spread of the virus.

People who are infected can spread the virus before they develop symptoms or in the absence of symptoms. Wearing a cloth face covering may help prevent the spread of the virus by people who are infected and do not know it. Use of cloth face coverings continues to be a recommendation

(https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html) while long-term prevention measures such as vaccines are being developed.

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of community spread. Cloth face coverings do not replace other protective measures. CDC still recommends that you stay at least 6 feet away from other people (social distancing), wash your hands frequently, and avoid touching your eyes, nose, mouth....and your face covering. Cloth face coverings should not be placed on children under age 2.

If you or someone you love needs a cloth mask, please call (850) 340-3016.

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission. It is important to note that these face coverings:

1. Are not surgical or N-95 respirators, which continue to be reserved for healthcare workers and medical first responders, and

2. The use of cloth face coverings does not mean we can remove previously set social distancing measures.

For information on how you can make a facemask at home, visit <u>https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html</u> and watch this video https://youtu.be/tPx1yqvJgf4.

The Franklin County Emergency Management is collecting fabric for mask. If you would like to help our community by sewing face mask or donating fabric, please call the Franklin County Emergency Management office at (850) 653-4206.

WORKPLACE RESOURCES

We get asked a lot about daily health screenings for employers. The CDC has updated strategies and recommendations for employers responding to COVID-19, including those seeking to resume normal or phased business operations. Recommendations to <u>Prepare Your Small Business and Employees for the Effects</u> of <u>COVID-19</u> The questions were modified for the adult workforce. In addition to regular temperature checks, the follow questions can be asked to employees:

Daily Health Questionnaire

- 1. Do you or anyone in your household have any of the following symptoms? (fever 100.4 or above, cough, shortness of breath or difficulty breathing, chills, muscle pain, sore throat, congestion, runny nose, nausea, vomiting, new loss of taste or smell)
- **2.** Have you or anyone in the household traveled outside of the country or to any highly affected areas in the United States in the past 14 days?
- **3.** Have you had direct contact (within 6 feet for more than 15 minutes) with anyone who has tested positive with COVID-19 within the last 2 weeks?
- 4. Is there anyone in your household under instructions to self-isolate or quarantine due to COVID-19?

RURAL DEVELOPMENT

There are several resources available for rural residents and business coping with the impact of COVID-19. Please visit the Rural Development Coronavirus Response page: <u>https://www.rd.usda.gov/coronavirus</u>

REEMPLOYMENT ASSISTANCE

We encourage any Floridian whose employment has been negatively impacted as a result of COVID-19 to visit FloridaJobs.org and click on Reemployment Assistance Service Center to learn more about the program and watch a short video on how to apply. Click <u>http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants/apply-for-benefits</u> for a direct link to instructions on how to apply for Reemployment Assistance. Select the hyperlink to download and view the http://floridajobs.org/docs/default-source/reemployment-assistance-Service-Center/new-individual-faq-includes-cares-act-final.pdf?sfvrsn=5f2547b0_14

If you can't apply by email you can pick up a paper application and submit it by mail. Below are the following pick up locations for paper applications in Franklin County. For more information you can contact: Career Source Gulf Coast at 850-653-4981. The application will be located in a box outside each building.

Apalachicola – CareerSource #1 Bay Ave Apalachicola, Fl Eastpoint – Ard's Service Station – 407 US Highway 98 Eastpoint, Fl Carrabelle City Hall – 206 Highway 98 E Carrabelle, Fl For a guide to frequently asked questions regarding Re-employment Assistance, visit <u>http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimant-faqs-(new)</u>. For information regarding assistance with utilities, rent/mortgages, food pantries, and other local disaster assistance, visit <u>https://www.211.org/</u>

FRANKLIN/GULF/BAY COUNTIES:

Catholic Charities Financial Emergency/Hardship: (850) 763-0475

1. Call First Monday of each month after 9am for screenings

2. An initial screening will take place on the phone to complete the application process and receive an appointment. Proof of need will be required: past due utility bill, proof of check stub from place of employment (before and after date affected).

FOOD DISTRIBUTION

For a list of youth feeding program sites near you dial 2-1-1 or visit <u>https://www.franklincountyschools.org/cms/lib/FL01803254/Centricity/Domain/36/03.18.2020%20Press%20Rel</u>

<u>ease%20UPDATED%20MEAL%20PICK%20UP%20LOCATIONS.pdf</u> for more details. **UPDATE: The Lanark Market,** located at 2348 Hwy 98, Carrabelle, FL is also a food distribution site.

FRANKLIN COUNTY PLAN FOR REOPENING SHORT-TERM VACATION RENTALS

Franklin County's plan for reopening includes a ban on renting to overseas travelers during the first phase, or to any person who lives in an area with substantial community spread of COVID-19. You can read the safety plan in its entirety online at <u>www.Floridasforgottencoast.com</u>.

We ask that you join in to help familiarize yourself with the guidelines for

<u>https://www.franklincountyflorida.com/wp-content/uploads/2020/03/2020.05.19-DBPR-SecretaryApproval-of-</u> <u>Franklin-County-VacationRental-Request.pdf</u> along with the State of Florida and the CDC. Visit <u>https://www.cdc.gov/covid-data-tracker/</u> to see which states have case rates higher than 500/100k.

TRAVEL RECOMMENDATIONS

Cases of coronavirus disease (COVID-19) have been reported in all states, and some areas are experiencing community spread of the disease. Travel increases your chances of getting and spreading COVID-19.

CDC recommends you stay home as much as possible, especially if your trip is not essential, and practice social distancing especially if you are at higher risk of severe illness. Don't travel if you are sick or travel with someone who is sick. For more information, visit: <u>https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html</u>

GOVERNOR UPDATES:

To see all of Gov. DeSantis Executive Orders regarding COVID-19, visit: https://www.flgov.com/covid-19/.

PHASE 2: PLAN FOR FLORIDA'S RECOVERY

On June 3, 2020 Gov. DeSantis announced Phase 2: Safe. Smart. Step-by-step. Plan for Florida's Recovery. To view this order, visit: <u>https://www.flgov.com/wp-content/uploads/orders/2020/EO_20-139.pdf</u>. To see Gov DeSantis presentation on Florida's plan for recovery visit <u>https://bit.ly/GovDeSantisPresentation</u>. For more information visit: <u>https://www.flgov.com/wp-content/uploads/covid19/Phase%202.jpg</u>.

FLORIDA'S PANDEMIC EBT PROGRAM

Governor Ron DeSantis announced federal approval of Florida's Pandemic EBT Program (P-EBT). The program will automatically issue benefits during the month of June to children who have temporarily lost access to free and reduced-price school meals during COVID-19-related school closures. To see the full press release visit: <u>https://www.flgov.com/2020/05/27/governor-ron-desantis-announces-floridas-participation-in-the-usdaspandemic-ebt-program/</u>.

YOUTH ACTIVITIES

On, May 22, 2020, Governor DeSantis lifted the restrictions on youth sports and summer camps. This new order will go into effect immediately. More guidance from the Florida Department of Health will follow this update. To view frequently asked questions about the on the guidance for organized youth activities, visit https://floridahealthcovid19.gov/wp-content/uploads/2020/05/FL-Summer-Camp-Guidance-FAQs-5-21-20.pdf

UNEMPLOYMENT COMPENSATION

On, Thursday, April 16, 2020 Governor DeSantis issued Executive Order 20-104 which suspends the requirement that Floridians must recertify reemployment assistance status every two weeks.

FORECLOSURES & EVICTION RELIEF

On June 30, the Governor also issued order 20-159 (extending Executive Order 20-137), providing targeted, temporary relief from certain mortgage foreclosures and until August 1, 2020.

LOCAL UPDATES:

DEPARTMENT OF BUSINESS AND PROFESSIONAL REGULATION

Effective immediately, DBPR is suspending on premises consumption of alcohol at bars statewide. To read the full order, please visit: <u>http://www.myfloridalicense.com/dbpr/os/documents/EO_2020-09.pdf</u>

HEALTH DEPARTMENT

The Franklin County Health Department has resumed full clinic services. This includes annual physical exams, well woman exams, Florida Breast and Cervical Cancer Early Detection Program, other routine appointments and COVID-19 testing. Some services will continue to be done curbside or over the phone to decrease unnecessary exposure. Please call (850) 653-2111 to schedule an appointment! Please do not bring visitors with you to your appointments.

Florida Department of Health issues Public Health Advisory: It recommends all individuals should wear masks in any setting where social distancing is not possible unless a child is under the age of two, encourage elderly and vulnerable populations to limit interactions outside of the home, and urges all individuals to refrain from participating in gatherings of more than 50 people. For the full advisory visit: http://www.floridahealth.gov/newsroom/2020/05/062020-1640-covid19.pr.html

COUNTY CLERK & COURTHOUSE OFFICES

Offices within the main courthouse will remain open to the public for critical, essential services only. Please call (850) 653-8861 before you visit the courthouse to see how they may help you remotely. Visit <u>www.franklincountyflorida.com</u> or call the Planning and Building office at (850) 653-9783 for more details.

CITY GOVERNMENTS

The City of Carrabelle has issued a proclamation encouraging the use of facial coverings (mask) in all public buildings and establishments. As of Monday, July 13, 2020 the Carrabelle City Hall lobby and City buildings are CLOSED to public access until further notice. All non-essential meetings will be conducted by phone until further notice. The public is encouraged to continue to use the Dropbox at the front of City Hall for water & sewer payments. The Carrabelle City parks are now open however playgrounds and public restrooms will remain closed until further notice.

The City of Apalachicola has an emergency proclamation mandating <u>Facial Coverings</u> within local businesses and establishments. City offices have opened to in-person visits from 8:00a to 12:00p. Residents/customers must continue to call or email for business occurring after 12:00p. As always, the dropbox is still available for water & sewer bill payments. Call (850) 653-9319 for more details and (850) 653-6845 for after hours.

ASCENSION SACRED HEART

Online urgent care is available through Ascension Online Care at a discounted \$20 with the code HOME. You can have a video visit with a doctor without leaving your home. No insurance required. Visit http://ascension.org/onlinecare to start your visit.

SUPPORTING CHILDREN THROUGH THE COVID-19 PANDEMIC

COVID-19 has upended children's daily lives, resulting in added stress and uncertainty. Studies show that adversity during childhood, including adversity stemming from natural disasters, can have lasting impacts on children's social emotional health. Fortunately, families can take steps to support and protect children's emotional well-being during the COVID-19 crisis. For more information visit the Nat'l Institute for Children's Health Quality site at https://bit.ly/2JFXCM6.

The Germ that Wears a Crown: A Story About the Coronavirus: This is a story, coloring & activity book from FSU Center for Child Stress & Health to help children cope with COVID-19. The book teaches children about the virus, social distancing and how to express and manage strong emotions. Visit <u>http://fsustress.org/ebook.html</u> to download a free copy!

STAYING INFORMED:

To get the latest information, visit <u>FloridaHealth.gov</u> and follow on Social Media: Florida Department of Health: <u>Twitter @HealthyFla</u> -or- <u>Facebook Florida Department of Health (DOH)</u> Franklin County Florida Emergency Management: <u>Facebook Franklin County Florida Emergency Management</u> Gulf/Franklin County Community Health Improvement Partners: <u>Facebook Gulf/Franklin County Community</u> <u>Health Improvement Partners</u>